|  |  |  |
| --- | --- | --- |
| Supplementary Table 1. Demographic characteristics of the sample (*n* = 1386) | | |
| Variable | *M* | *SD* |
| Age, years | 36.7 | 9.3 |
|  | *n* | % |
| Gender |  |  |
| Male | 782 | 56.4 |
| Female | 604 | 43.6 |
| Educational attainment |  |  |
| Less than high school | 28 | 2.0 |
| High school diploma | 294 | 21.2 |
| Some college | 344 | 24.8 |
| College degree | 278 | 20.1 |
| Post-graduate | 442 | 31.9 |
| Race/ethnicity, *n* (%) |  |  |
| White | 970 | 70.0 |
| Black or African American | 124 | 8.9 |
| Hispanic | 196 | 14.1 |
| American Indian or Alaska Native | 22 | 1.6 |
| Asian | 60 | 4.3 |
| Other | 14 | 1.0 |
| Employment status |  |  |
| Student, not working | 32 | 2.3 |
| Self-employed | 62 | 4.5 |
| Part-time employment | 118 | 8.5 |
| Full-time employment | 914 | 65.9 |
| Unable to work due to disability | 40 | 2.9 |
| Homemaker/Stay at home parent | 164 | 11.8 |
| Unemployed and seeking work | 42 | 3.0 |
| Retired | 14 | 1.0 |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Supplementary Table 2. Descriptive statistics and correlations among variables | | | | | | | |
| Variable | Mean | SD | Range | 1 | 2 | 3 | 4 |
| 1. Stressor Pile-up | 2.68 | 1.61 | 0-8 | \_ |  |  |  |
| 1. Family Satisfaction | 34.94 | 10.47 | 10-50 | -.09\*\* | \_ |  |  |
| 1. Relationship Satisfaction | 47.01 | 11.64 | 9-81 | -.09\*\* | .30\*\* | \_ |  |
| 1. Perceived Resilience | 29.49 | 8.48 | 0-40 | -.05 | .30\*\* | .27\*\* | \_ |
| 1. Stress | 8.86 | 6.18 | 0-21 | .38\*\* | -.12\*\* | -.20\*\* | -.12\*\* |
| Note. \* *p* <.01, \*\* *p* <.001 | | | | | | | |